



banana milk shake
(奶昔)



Unit 8

**How do you make a
banana milk shake?**

What do we need?



bananas



milk



ice cream



yogurt



blender



knife

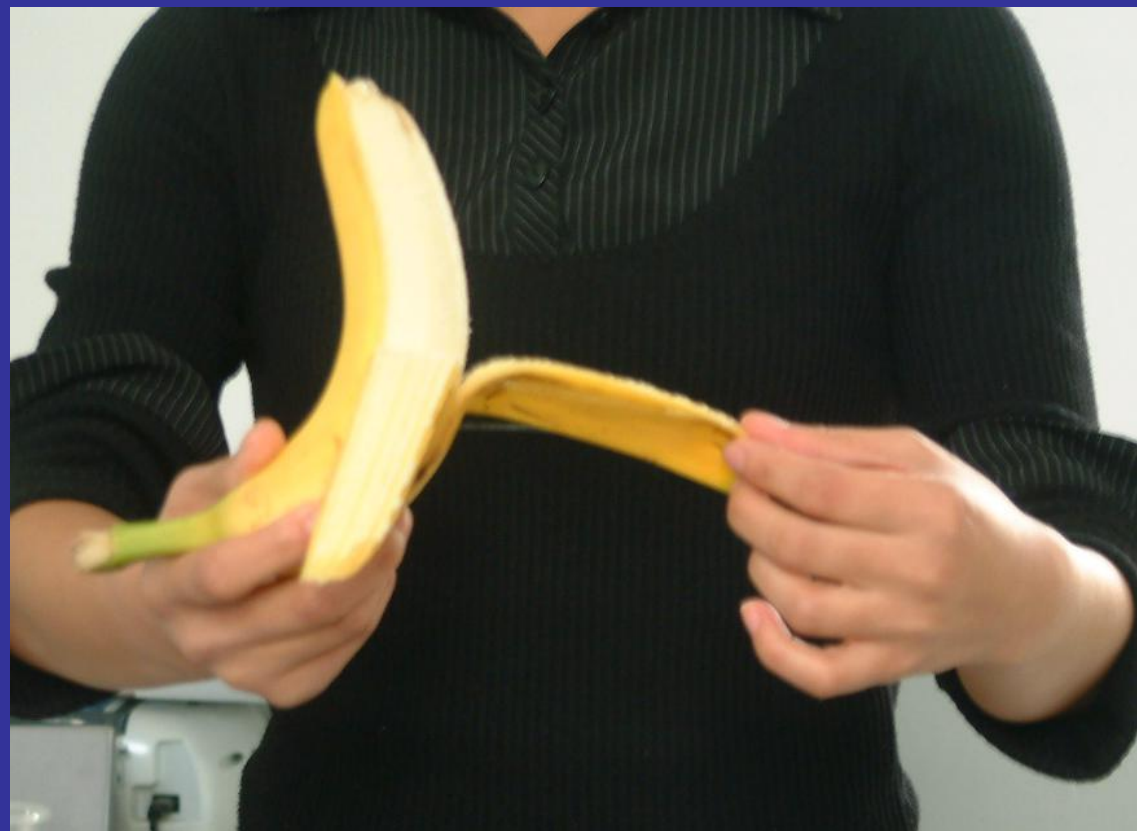


cup

How to make a banana milk shake?

First

-Peel the bananas.



How to make a banana milk shake?

Next

-Cut up the bananas.



How to make a banana milk shake?

-Put the bananas and ice cream into the blender.

next



How to make a banana milk shake?

Next

-Pour the milk into the blender.



How to make a banana milk shake?

Then

-Turn on the blender.



How to make a banana milk shake?

Finally

-Drink the milk shake.



How to make a banana milk shake?



peel



cut up



put ...into...



pour ...into ...



turn on



drink

1b

Listen and put the instructions in the correct order.



- 5 Turn on the blender.
- 2 Cut up the bananas.
- 6 Drink the milk shake.
- 4 Pour the milk into the blender.
- 3 Put the bananas and ice cream into the blender.
- 1 Peel three bananas.

How do you make a banana milk shake?

finally



First



next



next



then



then



Pairwork:

A: How do you make a banana milk shake?

B: **First** , peel the bananas.

Next , cut up the bananas.

Then , put the bananas and yogurt into the blender.

Next , pour the milk into the blender.

Then , turn on the blender.

Finally , drink the milk shake.



Group work



Salade de fruits

fruit salad





How to make fruit salad

怎样制作水果沙拉

We need...



Report like this:

We want to make....



....

First,

Next,

Then,

Finally,



honey



plate



....

They are not good for your health.

可口可乐承认果粒橙中含有致癌农药



可口可乐4-甲基咪唑含量超标

They are not good for your health.

你知道吗？以下这几种饮料应该少喝或者不喝。



含酒精的饮品对肝脏损害很大，而且容易引起大脑记忆力减退等问题。



可乐、汽水等碳酸类饮料影响进食，不利于孩子的成长发育，易增加龋齿风险。



含乳饮料很多家长把优酸乳、低乳糖奶粉和无乳糖奶粉等同于奶，其实这些产品只是一种含奶饮料，奶中最有营养价值的乳糖的含量很少，可它还常配有香精、甜味剂、果味剂等添加剂，其营养价值根本不能和奶比。



在家制作健康饮料

**Make healthy drinks
at home.**

My harvest

Describe a process and follow instructions

How do you make a banana milk shake?

First, peel the bananas and cut it up.

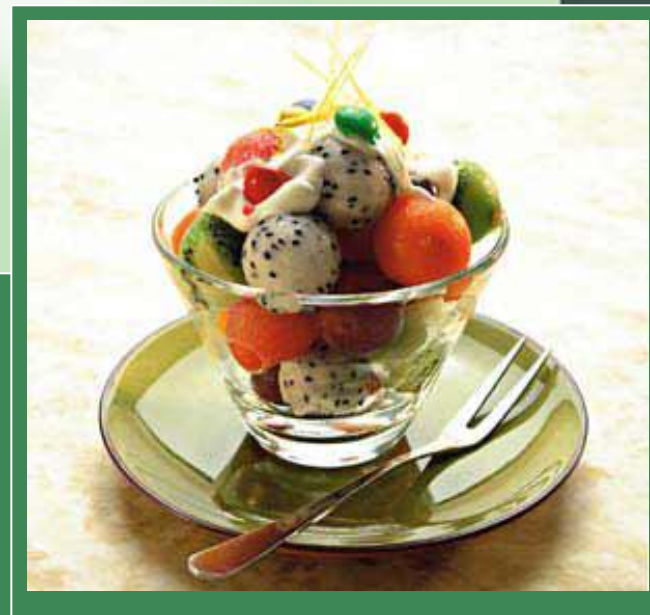
Then put the milk into the blender...

Next...

Finally...

Homework:

- **Make a cup of milk shake and fruit salad for your parents. Write it down**



Thank you for listening!

