

Unit 8 How do you make a **banana milk shake**?



a banana milk shake 一份香蕉奶昔

Do you like a milk shake?

What kind of milk shake do you like?



Today, let's make a milk shake together~

What do we **need** to make a banana milk shake?



blender

(果汁机; 搅和器)

knife(knives)

plate



cup



ice-cream



bananas



milk

Read the new words:

peel... 剥, 削 (水果等的皮)

cut up... 切碎

put ... into/in 把 ... 放入...

pour... into 把 ... 倒入...

turn on... 打开 (电器)

turn off... 关上 (电器)

drink ... 喝...

finally 最后

ingredient 原料, 材料

blender 果汁机

yogurt/yoghurt

in意为“在...内”,
into意为“进...里”,

first, next, then, finally

- **First**, peel the bananas.
- **Next**, cut up the bananas.
- **Next**, put the bananas and yogurt into the blender.
- **Next**, pour the milk into the blender.
- **Then**, turn on the blender.
- **Finally**, drink the smoothie.



Pair work

A: How do you make an apple/...milk shake?



B: First,

peel/wash

Next,

cup up

Next,

put...in/into...

Next,

pour...into...

...

turn on

Then,

drink

Finally



把下面方框中的单词分类

**banana, bread, onion, milk, book, fish,
watermelon, meat, teaspoon, tea, bike
tomato, apple, honey, rice, yogurt,**

可数名词

banana, onion,
book, watermelon,
teaspoon, bike,
tomato, apple,

不可数名词

bread, milk, fish,
meat, tea, honey,
rice, yogurt

Quick response

Fill in the blanks with **how many** or **how much**.

1. How much water do you put into the noodles
2. How many tomatoes does he put into salad?
3. How much yogurt do we need?
4. How many apples are there in the milk shake?
5. How much fish do you want ?
6. How many students are there in your classroom?

Match

a teaspoon of bread



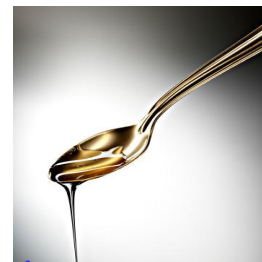
two pieces of tea



two cups of milk



three glasses of honey



数词+量词+of + 不可数名词

Task2: How to make **fruit salad**?



To make fruit salad, what do you need?



• **Ingredients:** different kinds of fruits, yogurt, honey

Cooking tools: knife, teaspoon, cup, plate...

Listening (2a:P42)



Ingredients (原料, 材料)

How much

yogurt

honey

How many

bananas

apples

oranges

watermelons

Listening (2b)



Amount	Ingredient
one cup	of yogurt
two	apples
one	watermelon
two teaspoons	of honey
three	bananas



The ingredients
needed for fruit salad

Pair work

A: Let's make fruit salad.

**B: Ok, good idea. How much yogurt
do we need?**

A: One cup.



B: And how many apples do we need?

A: Let me think... We need two apples.

B: Ok, and how much...

Summary

What you have learnt today?

1. How to make a banana milk shake

peel cut up put into

turn on turn off drink

2. How many + 可数名词复数形式?

How much + 不可数名词?

数词 + 量词 + of + 不可数名词



Homework

A :

**How do you make an
apple... milk shake?**



B :

**How do you make
fruit salad ?**



A woman with long brown hair, wearing a white long-sleeved shirt under a red tank top and orange pants, stands on a balcony. She is waving with her right hand and has her left hand on her hip. The background features a scenic landscape with green hills, a winding path, and mountains under a blue sky with a bright sun. The text "Thank you for listening!" is written in a white, italicized font with a black outline, positioned in the center-right of the image.

*Thank you
for listening!*



Task 2: How do you make fruit salad?



1. **Cut up** three bananas ,three apples and a watermelon.
2. **Put** the fruit in a bowl.
3. **Put** in two teaspoons of honey and a cup of yogurt.
4. **Mix it all up.**



Task3: How to make **make popcorn**?



popcorn



salt



popper

First , **put** the corn **into** the popcorn popper.

Next, **turn on** the popper.

Next, **pour** the popcorn **into** the bowl.

Then put the salt on the popcorn.

Finally, eat the popcorn.

Groupwork **a recipe for noodles...**

Can you make noodles with beef and tomatoes?—



First, cut up the tomatoes and beef

Next, boil the noodles

Then, add the ingredients to the noodles.

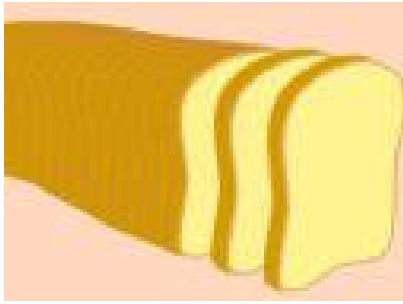
Finally, add salt to the noodles and eat the noodles.



Task5: How to make **a sandwich?**



Make a shopping list for making sandwiches.



bread slices



butter



relish



lettuce



relish



turkey



green onion

pancake



salt



2b

Listen again and write the ingredients in the order you hear them.



First	Next	Then	Finally
butter	tomatoes	relish	another slice of bread
A slice of bread	onion	lettuce	
	Turkey slices		

