





Aron Ralston

Prepare to Read

Look at the words and expressions in the list. Have a discussion.

Write the number(s) next to each word to show what you know.

Share what you know with others.

Show me what you do not know.

1. I know how to pronounce the word.
2. I know one meaning of the word.
3. I know more than one meaning of the word.
4. I can use the word in a sentence.

1.2.4 mountain climbing

_____ risk

_____ accident

_____ situation

_____ experience

_____ importance

_____ decision

_____ be in control of

_____ give up

He Lost His Arm But Is Still Climbing

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Finding the Order of Events

Writers describe events in a certain order. Finding the order of the events will help you understand what you are reading.

many times when
3, he found himself

under a 360-kilo
limbing by himself
not free his arm,
ed that someone
ran out, he knew
; to save his own life.
e used his knife to cut
eft arm, he bandaged
o much blood. After
n to find help.

a Hard Place. This
out of. In this book,
being in control of
climbing mountains

we find ourselves

Meanings

1

**He Lost His Arm
But Is Still Climbing**



Title
Picture

GUESS



**ABOUT
WHAT**

?



Matching

Paragraph

1

2

3

Main idea

- A. On that day, Aron's arm was caught under a 360-kilo rock, he cut off his arm and climbed down to find help.
- B. After losing his arm, he wrote a book and kept on climbing mountains.
- C. Aron is interested in mountain climbing, on April 26, 2003, he found himself in a very dangerous situation.

He Lost His Arm But Is Still Climbing

Aron Ralston is an American man who is interested in mountain climbing. As a mountain climber, Aron is used to taking risks. This is one of the exciting things about doing dangerous sports. There were many times when Aron almost lost his life because of accidents. On April 26, 2003, he found himself in a very dangerous situation when climbing in Utah.

Finding the Order of Events

Writers describe events in a certain order. Finding the order of the events will help you understand what you are reading.

Aron is interested in mountain climbing, on April 26, 2003, he found himself in a very dangerous situation.

After losing his arm, he wrote a book and kept on climbing mountains.

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On that day, Aron's arm was caught under a 360-kilo rock, he cut off his arm and climbed down to find help.

Do we
"between a rock and a hard place",
and before we have to make a
decision that could mean life or
death.

Words	Meanings

2

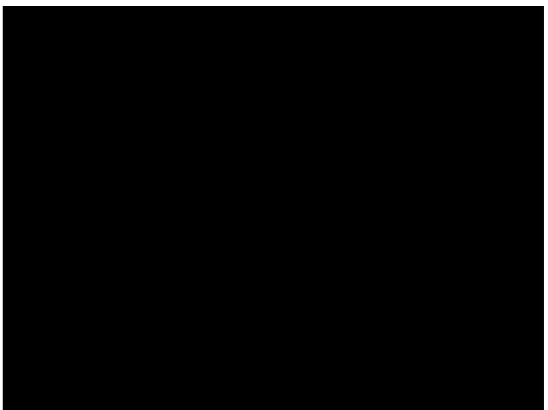


Looking quickly through a piece of writing to find the main idea without reading every word. It is still a good idea to read the first sentence or last sentence in each paragraph a little more carefully.





Who lost his arm?



Aron is from _____,
and he is a _____.
He is used to _____.

Why is Aron still climbing?

What did Aron do after the accident?

What's the name of the book?

What does Aron want to tell us in his book?



Aron had a serious accident on April 26, 2003.

Where did the accident happen?

How did he lose his arm?

- 1 .He was caught under a rock.
 - 2 .He can't free his arm.
 - 3 .His water ran out.
 - 4 .He cut off his half right arm.
- A. 1 2 3 4 B. 2 3 C. 2 3 4 D. 1 2

Competition



Competition

WHO

Who lost his arm?

Aron is from America,
and he is a climber.
He is used to taking risks.

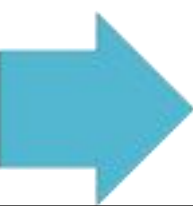


Competition

WHEN



Aron had a serious accident on April 26, 2003.



Competition

WHERE



Competition

HOW

How did he lose his arm?

1 .He was caught under a rock.

2 .He can't free his arm.

3 .His water ran out.

4 .He cut off his half right arm.

A. 1 2 3 4



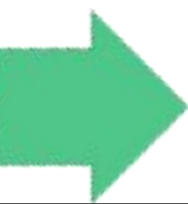
Competition

WHAT

What did Aron do after the accident?

What's the name of the book?

What does Aron want to tell us in his book?



Competition

WHY



Why is Aron still climbing?



why

what

how

where

when

who

is still climbing

love

wrote a book

making good decisions

being in control of life

Between a Rock and a Hard Place

lost his arm

cut off half his right arm

can't free himself

ran out of water

was caught under a rock

Utah

April 26, 2003

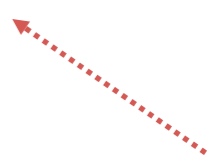
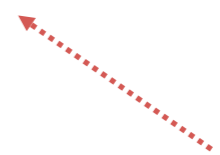
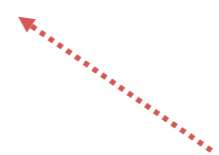
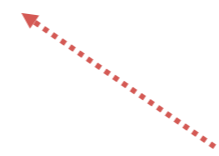
Aron

likes taking risks

a climber

an American

Mountain Climbing



3

Moving your eyes quickly down the page to find the specific information.



Reading practice (1)用词的正确形式填空

Aron Ralston is an American man who is (be) interested in mountain climbing. As a mountain climber, Aron is used to taking (take) risks. This is one of the exciting things about doing dangerous sports. There were many times when Aron almost lost his life because of accidents. On April 26, 2003, he found himself (he) in a very dangerous situation when climbing (climb) in Utah.

On that day, Aron's arm was caught (catch) under a 360-Kilo rock that fell on him when he was climbing by himself in the mountains. Because he could not free his arm, he stayed there for five days and hoped that someone would find him. But when his water ran out, he knew that he would (will) have to do something to save his own life. He wasn't ready to die (die) that day. So he used his knife to cut off half his right arm. Then, with his left arm, he bandaged himself so that he wouldn't lose too much blood. After that, he climbed down the mountain to find help,

Reading practice (1)用词的正确形式填空

After **losing** (lose) his arm, he wrote a book **called** (call) **Between a Rock and Hard Place**. This means **being** (be) in a difficult situation that you can't seem to get out of. In this book, Aron tells of the **importance** (important) of making good decisions, and of being in control of one's life. His love for mountain climbing is **so** great that he kept on **climbing** (climb) mountains even after this experience.

Do we have the same spirit as Aron? Let's think about it before we find **ourselves** (us) "between a rock **and** a hard place", and before we have to make a decision that could mean life **or** death.

He Lost His Arm But Is Still Climbing

why

what

how

where

when

who

is still climbing

love

Between a Rock and a Hard Place

Betw

4

Group work



Imagine Aron Ralston is coming to our school to give us a speech(演讲). As school reporters, are you ready for an interview? One of you is Aron and the others are reporters. Work in groups of 4 to prepare the questions for Aron and the responses from Aron.



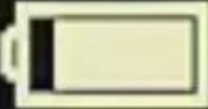
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43min



Of making good **decisions**

er giving up

A SPIRIT

Of being in **control** of **life**

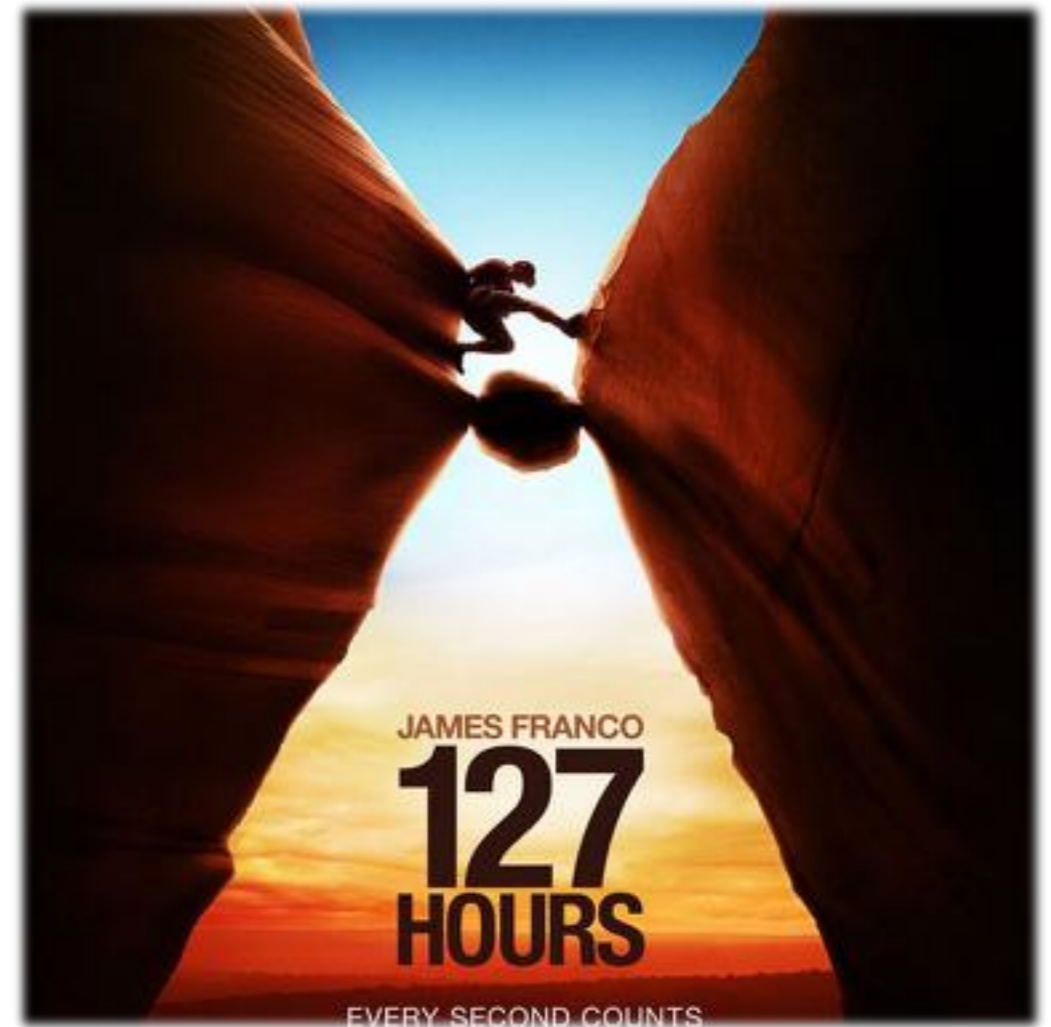
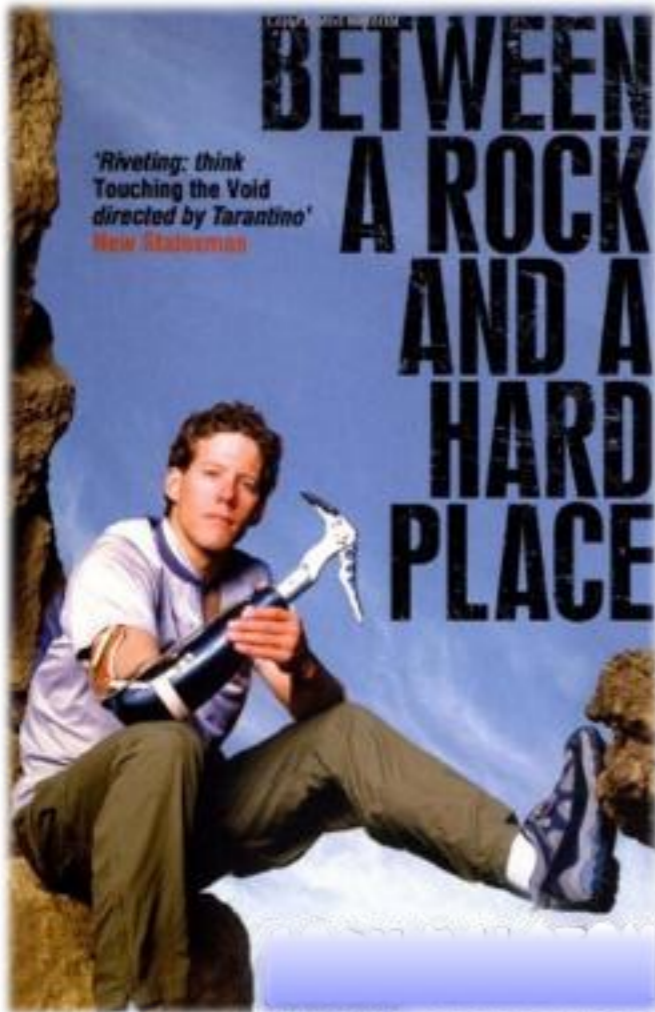
risks

Think about it,
before **you**...

**I will
never
give up!**

Homework

1. Find some time to read the whole book or watch the movie about Aron's story.
2. Read the passage I give to you to practice using the Reading Skills to finish the exercises.





Thank you!

Have a **nice** day!