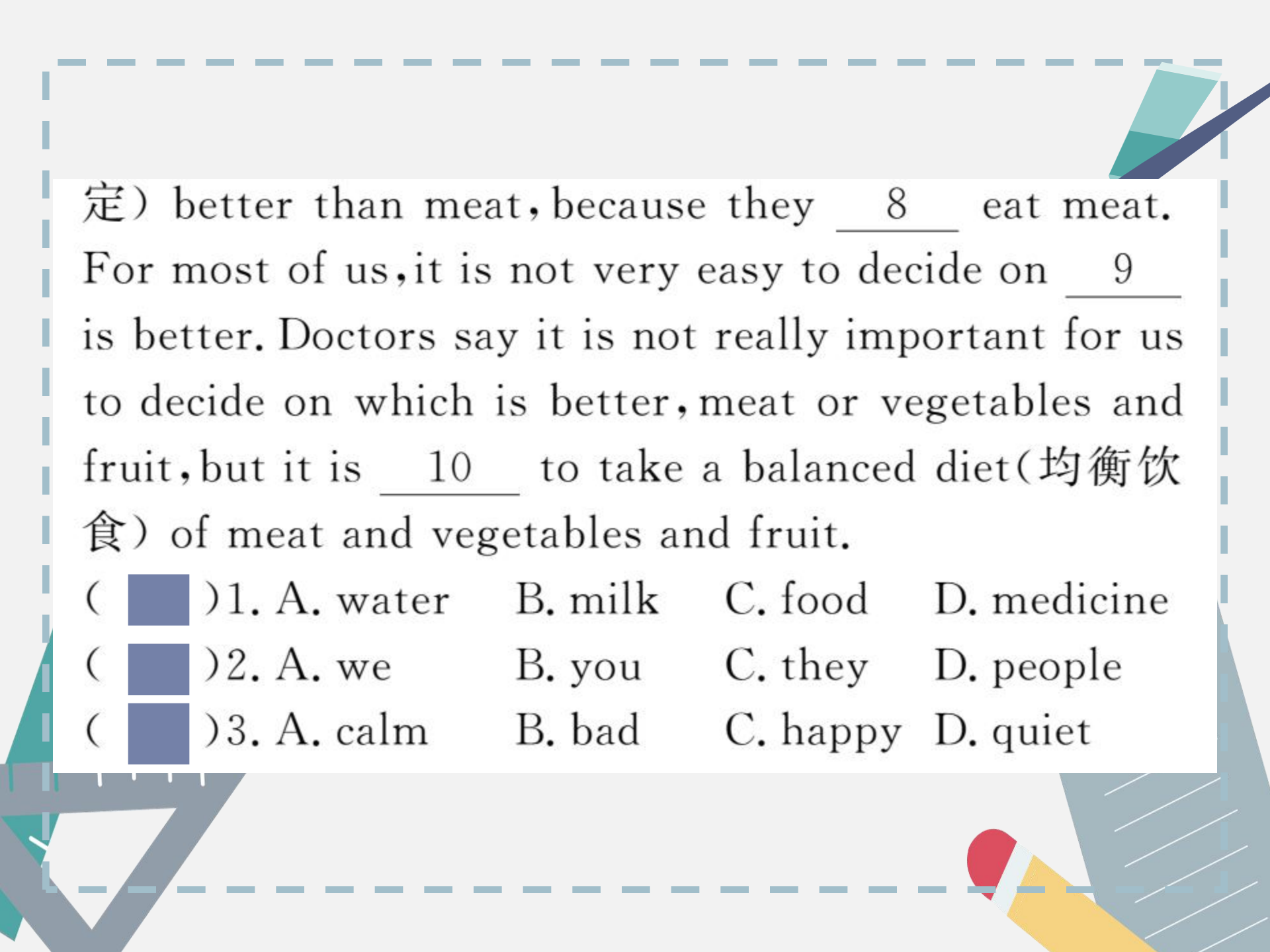




Section A 阅读提升

一、(济南二十七中单元卷)完形填空。

Is food important to us? The answer is YES. If we do not eat 1, we will feel hungry. If we can not find food when 2 are hungry, we may feel very 3. Maybe we can become sick, then die later. Now we have another problem. If we eat, what kind of food is 4 for us? Is meat better than vegetables and fruit? 5 are vegetables and fruit 6 than meat? For some people, it is very easy to answer this 7: Vegetables and fruit are surely(—




定) better than meat, because they 8 eat meat. For most of us, it is not very easy to decide on 9 is better. Doctors say it is not really important for us to decide on which is better, meat or vegetables and fruit, but it is 10 to take a balanced diet(均衡饮食) of meat and vegetables and fruit.

()1. A. water B. milk C. food D. medicine

()2. A. we B. you C. they D. people

()3. A. calm B. bad C. happy D. quiet


- () 4. A. good B. expensive
 C. cheap D. bad
- () 5. A. Then B. Or C. And D. If
- () 6. A. cheaper B. better
 C. more expensive D. more awful
- () 7. A. problem B. question
 C. problems D. questions
- () 8. A. always B. usually
 C. often D. never
- () 9. A. which B. who C. why D. how
- () 10. A. interesting B. popular
 C. important D. unhappy



二、阅读短文,根据短文内容,从短文后的方框中所给选项中选出能填入空白处的最佳选项。每个选项只能选一次,选项中有两项为多余选项。

Everyone must go to bed early and get up early, or we won't be healthy or clever.

Is this true? 1. The body must have enough sleep. Children of your age need ten hours' sleep every day. 2. Then you can't think properly(正确地) and can't do your work properly. You will not be clever.



Some people go to bed late and get up late.

3. We must go to bed at night when it is dark. The dark helps us to sleep soundly. When the daytime comes, we must get up. This is the time for exercise.

4. If you lack(缺乏) exercise, you will become weak. Exercise helps the blood(血液) flow(流动) around inside the body. This is very important. Blood takes food to all parts of our body. 5. If we keep our body healthy and take exercise, we can think better.

A. *If you don't go to bed early, you won't have enough sleep.*

B. *Exercise keeps a strong body.*

C. *Perhaps(可能) it is.*

D. *You can have a good sleep.*

E. *This is not good for them.*

F. *Some people exercise every day.*

G. *The brain also needs blood because we think with our blood.*

三、(达州一中月考卷)任务型阅读。

Dear Laura,

Let me tell you how I spend my free time. I like playing basketball and volleyball. I join the sports club. I go there three times a week. In the evening, I watch TV for an hour. After that, I read books for half an hour. I often go swimming on Saturday. On Sunday, I usually go to the museum with my friend. I wonder what you like to do in your free time. Please write to me.

Yours,

Jeff



Dear Jeff,

I'm glad to hear from you. I'm in the swimming club. I go there on Tuesday and Thursday. In the evening, I practice the guitar for an hour. I hardly ever watch TV because I think it's boring. I like tennis best. I always play tennis with my sister on Saturday. I sometimes go shopping on Sunday.

Yours,

Laura

根据材料内容,回答下列问题。

1. How long does Jeff read books in the evening?

2. What does Jeff usually do on Sunday?

3. How often does Laura go to the swimming club?

4. Why does Laura hardly ever watch TV?

5. What's Laura's favorite sport?
